Influenza Activity in Utah:

Laboratory confirmed influenza has been detected in Utah. This includes 514 hospitalizations, the majority in high risk categories. 71% of hospitalizations have been identified as Type A, 21% Type B, and 8% unknown. Influenza-like illness levels are decreasing.

As of 5/17/2008, 1 pediatric influenza-associated deaths has been reported in Utah for the current season.

National influenza surveillance data can be found at www.cdc.gov/flu. Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state and not season severity. Utah is currently reporting “sporadic” activity.

This website will be updated every Wednesday at 1 PM.

INFLUENZA PREVENTION

How to protect yourself and others:
1. Utahns should get an influenza vaccine.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
3. We urge schools and employers to be supportive of these preventive measures.

**Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
** Stay away from other people when you are sick.
** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.
** Wash your hands.
Hospitalizations by Virus Type and Week
Figure 3. Number of laboratory-confirmed, influenza-associated hospitalizations, by influenza virus type and week of event - Utah, 2007-2008 influenza season

Cumulative Influenza Hospitalizations
Laboratory confirmed, cumulative influenza-associated hospitalization numbers - Utah, 2007-2008 influenza season and previous three seasons