

Help a client with self-testing

How to guide a client through self-testing with myLAB Box

Instructions

Conduct the test

- Complete the form included in the box to register the test kit. This allows the client to check their results on a secure website.
- The kit has everything the client needs to perform the test. Ask them to simply follow the included instructions to collect their samples. Provide a private space for sample collection.
- Sample types may include:
 - Finger prick
 - Anal swab
 - Oral swab
 - Urine collection

Mail In the test

- Tests must be submitted within 24 hours after the sample is collected.
- Use the pre-addressed, postage paid envelope included in the test kit to ship the client's samples to the lab for testing.
- Once submitted via mail, the sample will be processed and the client will receive lab-certified results online in 2-5 days.

View the results

- The client will receive an email saying that their results are ready. The email directs them to a secure online portal where they can view the results.
- If the client tests positive for an infection, a healthcare practitioner will contact them to go over the results and ensure they get the care they need.
 - If the test results are negative, no further action is required.

Report in REDCap

Please complete the following three-step process to report your distribution of myLAB Box self-testing kits in REDCap.

- Select the material.
- Indicate whether you helped a client sign up, collect samples, etc. Please note that if all you do is give someone a self-testing kit, you cannot bill for it.
- Enter the test kit number from the box.

Questions? Visit mylabbox.com/utah/ or email HIVandMe@utah.gov