## Help Prevent the Spread of Infections

Our goal is to keep our patients and our community safe and healthy.

## Here is how you can help prevent the spread of infections:



Clean your hands often with soap and water or use an alcohol containing sanitizer.



Cover your nose and mouth when you cough or sneeze.



You may be asked to wear a mask to help protect others.



Let your healthcare worker know if you have traveled outside the United States within the past 30 days.

## If you have questions about infection risks, contact the Utah Healthcare Associated Infections Program at 801-538-6191.

